



# Tere Fere

Product	Size	Ingredients for 100g	Energy	Fat	of which saturated	Carbohydrate	of which sugars	Protein	Salt	Allergens
	g		kJ/kcal	g	g	g	g	g	g	
<b>Tere-fere sweet crisp biscuit</b>	180	<b>wheat flour</b> (58%), sugar, palm fat, <b>wheat starch</b> , honey, raising agents (E503, E500), flavours, salt, antioxidant (E334).	2008/479	19,7	11,0	67,2	22,6	6,8	0,43	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with cocoa</b>	180	<b>wheat flour</b> (55%), sugar, palm fat, cocoa powder (3%), <b>wheat starch</b> , raising agents (E503, E500), honey, flavour, salt, antioxidant (E334).	2017/480	18,4	9,0	69,4	23,3	7,5	0,43	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with coconut</b>	180	<b>wheat flour</b> (57%), sugar, palm fat, coconut shredded (5%), honey, raising agents (E503, E500), flavour, salt, antioxidant (E334).	1951/465	18,1	8,7	65,5	20,4	7,8	0,55	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with honey</b>	180	<b>wheat flour</b> (41%), <b>whole-grain wheat flour</b> (20%), palm fat, sugar, honey (3%), raising agents (E503, E500), flavours, salt, emulsifier (lecithin), antioxidant (E334).	1938/462	18,2	8,8	66,0	22,4	6,9	0,45	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere sweet crisp biscuit with chocolate chips</b>	150	<b>wheat flour</b> , sugar, palm fat, chocolate chips (5%) [cocoa mass, sugar, fat-reduced cocoa powder, cocoa butter, emulsifier (lecithins)], <b>wheat starch</b> , honey, flavours, raising agents (E503, E500), salt, antioxidant (E334).	1978/471	17,8	8,5	70,0	22,2	6,5	0,40	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Mix of Tere-fere crisp biscuit with cocoa and Tere-fere crisp biscuit with coconut</b>	1000	<b>Tere-fere with cocoa: wheat flour</b> , sugar, palm fat, cocoa powder (3%), <b>wheat starch</b> , honey, raising agents (E503, E500), flavour, salt, antioxidant (E334). <b>Tere-fere with coconut: wheat flour</b> , sugar, palm fat, coconut shredded (5%), honey, raising agents (E503, E500), flavour, salt, antioxidant (E334).	1966/469	18,5	8,8	66,0	22,8	7,9	0,43	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with coconut, semi-covered with cocoa mass</b>	150	<b>wheat flour</b> , cocoa mass (20%) [sugar, fully hydrogenated palm fat, low fat cocoa powder (17%), emulsifiers: lecithins, E492; flavour], palm fat, sugar, shredded coconut (5%), raising agents (E503, E500), vegetable fibre (chicory), flavourings, salt, antioxidant (E334).	2090/500	25,1	15,8	59,3	24,7	6,7	0,40	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with cocoa, semi-covered with cocoa mass</b>	150	<b>wheat flour</b> , cocoa mass (20%) [sugar, fully hydrogenated palm fat, low fat cocoa powder (17%), emulsifiers: lecithins, E492; flavour], palm fat, sugar, cocoa powder (3%), raising agents (E503, E500), vegetable fibre (chicory), salt, flavour, antioxidant (E334).	2068/494	24,2	15,2	59,4	24,8	7,2	0,45	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.