



Product	Size	Ingredients for 100g	Energy	Fat	of which saturated	Carbohydrate	of which sugars	of which polyols	Fibre	Protein	Salt	Allergens
	g		kJ/kcal	g	g	g	g	g	g	g	g	
High fibre oat crisp biscuits with whole grain wheat flour, without added sugar, with sweeteners	150	oat flakes (30%), whole grain wheat flour (24%), sweeteners (17%) (E 953, E 965), palm fat, vegetable fibre (8%) (chicory, inulin), raising agents (E 500, E 503), flavourings, salt, ground cinnamon.	1781/427	20,0	6,6	54,4	1,1	17,5	13,5	7,7	0,63	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives. Excessive consumption may produce laxative effects.