



Mese^{fit}

Zab
szelet

Product	Size	Ingredients for 100g	Energy	Fat	of which saturated	Car-bohydrate	of which sugars	Fibre	Protein	Salt	Allergens
	g		kJ/kcal	g	g	g	g	g	g	g	
Mesefit Cereal biscuits with forest fruits	50	wheat flour (39%), cereals (19%) [oat flake, wheat flake, extruded rice flake], sugar, palm fat, mixed berry pieces (5%) [concentrated fruit puree (80%) (blackberry, blueberry), fructose- glucose syrup, glucose syrup, humectant (E422), sugar, wheat fibre, palm fat, gelling agent (E440), acidity regulator (E296, E330), natural flavour], raising agent (E500), colour (E150a), emulsifier (lecithins), salt, flavour.	1969/470	19,3	8,9	64,4	22,4	4,3	7,6	0,45	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
Mesefit cereal biscuit with cocoa and chocolate chips	50	flours (35%) [wheat flour, rye flour], oat flakes (22%), sugar, palmfat, chocolate chips (7%) [cocoa mass, sugar, fat-reduced cocoa powder, cocoa butter, emulsifier (lecithins)], cocoa powder (4%), raising agent (E500), flavour, emulsifier (lecithins), salt.	1983/473	20,1	9,3	61,9	20,6	4,5	8,9	0,55	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
Oat biscuit with apple	50	cereals [oat flakes (24%), wheat bran], wheat flour, sugar, palm fat, glucose syrup, apple pieces (4%) [fructose glucose syrup, concentrated apple puree (28%), glucose syrup, humectant (E422), sugar, wheat fibre, palm fat, gelling agent (E440), acidity regulator (E330), flavour, antioxidant (E300)], raising agents (E503, E500), salt, antioxidant (E334), flavour.	1934/461	18,4	8,0	63,9	21,8	–	7,1	0,73	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
Oat biscuit with forest fruits	50	cereals [oat flakes (25%), wheat bran], wheat flour, sugar, palm fat, glucose syrup, mixed berry pieces (3%) [concentrated fruit puree (78%) (blackberry, blueberry), fructose glucose syrup, glucose syrup, humectant (E422), sugar, wheat fibre, palm fat, gelling agent (E440), acidity regulators (E296, E330), natural flavour], raising agents (E503, E500), salt, antioxidant (E334), flavour.	1936/462	18,4	8,1	64,1	21,1	–	7,0	0,75	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.