



# Tere Fere

Product	Size	Ingredients for 100g	Energy	Fat	of which saturated	Carbohydrate	of which sugars	Protein	Salt	Allergens
	g		kJ/kcal	g	g	g	g	g	g	
<b>Tere-fere crisp biscuit with coconut</b>	180	wheat flour, sugar, palm fat, coconut shredded (5%), honey, raising agents (E503, E500), flavour, salt, antioxidant (E334).	1993/475	19,3	9,0	66,4	21,3	7,3	0,40	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere sweet crisp biscuit</b>	180	wheat flour, sugar, palm fat, wheat starch, honey, raising agents (E503, E500), flavours, salt, antioxidant (E334).	1961/467	17,0	8,2	70,1	21,9	7,2	0,40	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with honey</b>	180	wheat flour, whole-grain wheat flour, palm fat, sugar, honey (3%), raising agents (E503, E500), flavours, salt, emulsifier (lecithin), antioxidant (E334).	1956/466	18,1	8,5	66,3	20,5	7,5	0,58	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with cocoa</b>	180	wheat flour, sugar, palm fat, low fat cocoa powder (4%), wheat starch, raising agents (E503, E500), honey, flavour, salt, antioxidant (E334), emulsifier (lecithin).	1947/464	17,6	8,4	67,2	22,7	7,4	0,43	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere sweet crisp biscuit with chocolate chips</b>	150	wheat flour, sugar, palm fat, chocolate chips (5%) [cocoa mass, sugar, fat-reduced cocoa powder, cocoa butter, emulsifier (lecithins)], wheat starch, honey, raising agents (E503, E500), flavours, salt, antioxidant (E334).	1963/467	17,5	8,5	68,8	22,9	7,2	0,38	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Mix of Tere-fere crisp biscuit with cocoa and Tere-fere crisp biscuit with coconut</b>	1000	<b>Tere-fere with cocoa:</b> wheat flour, sugar, palm fat, low fat cocoa powder (4%), wheat starch, raising agents (E503, E500), honey, flavour, salt, antioxidant (E334). <b>Tere-fere with coconut:</b> wheat flour, sugar, palm fat, coconut shredded (5%), honey, raising agents (E503, E500), flavour, salt, antioxidant (E334).	1969/469	18,4	8,7	66,8	21,9	7,4	0,43	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with coconut, semi-covered with cocoa mass</b>	150	wheat flour, cocoa mass (20%) [sugar, fully hydrogenated palm fat, low fat cocoa powder (17%), emulsifiers: lecithins, E492; flavour], palm fat, sugar, shredded coconut (5%), raising agents (E503, E500), vegetable fibre (chicory), flavourings, salt, antioxidant (E334).	2090/500	25,1	15,8	59,3	24,7	6,7	0,40	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.
<b>Tere-fere crisp biscuit with cocoa, semi-covered with cocoa mass</b>	150	wheat flour, cocoa mass (20%) [sugar, fully hydrogenated palm fat, low fat cocoa powder (17%), emulsifiers: lecithins, E492; flavour], palm fat, sugar, low fat cocoa powder (3%), raising agents (E503, E500), vegetable fibre (chicory), salt, flavour, antioxidant (E334).	2062/493	24,0	15,1	59,4	24,8	7,2	0,45	Contains gluten. It may contain traces of nuts, peanuts, soy, egg- and milk derivatives.